



# THANKSLIVING

---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---

**PHILIPPIANS 4**

<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near.

<sup>6</sup> Do not be anxious about anything but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

---

---

---

---

---

---

---

---

## PHILIPPIANS 4

<sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

---

---

---

---

---

---

---

---

## 1. REJOICE...

---

---

---

---

---

---

---

---

### The average person's anxiety focuses on:

- 40% - things that will never happen
- 30% - things that can't be changed
- 12% - unfounded criticism by others
- 10% - health
- 8% - real problems that occur

---

---

---

---

---

---

---

---

## 1. REJOICE...

God Can Deliver You!

---

---

---

---

---

---

---

---

## EPHESIANS 3

<sup>20</sup> Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, <sup>21</sup> to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

---

---

---

---

---

---

---

---

## 2. REMEMBER...

---

---

---

---

---

---

---

---

**1 Peter 5:7**

Cast all your anxiety on him because he cares for you.

---

---

---

---

---

---

---

---

**2. REMEMBER...**

God Loves You!

---

---

---

---

---

---

---

---

**3. REST...**

---

---

---

---

---

---

---

---

“Do not be anxious...”  
gr. “do not concern yourself”

---

---

---

---

---

---

---

---

**3. REST...**  
In God’s Presence

---

---

---

---

---

---

---

---

*The beginning of anxiety is  
the end of faith,  
and the beginning of true faith  
is the end of anxiety.*  
- George Mueller

---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---