



### James 1

<sup>14</sup> ...each person is tempted when they are dragged away by their own evil desire and enticed. <sup>15</sup> Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.



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*The key to conforming is  
**Transforming.***



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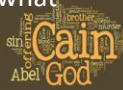
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### Romans 12

<sup>1</sup> Therefore, I urge you, brothers and sisters, in view of God’s mercy, to present your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. <sup>2</sup> Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.



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“Transformed” – Gr.  
μεταμορφοῦσθε – metamorphousthe

“metamorphosis”



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Metamorphosis /, μετᾰ' μο: φᾰσις/ noun

1. A complete change of physical form or substance.
2. A complete change of character appearance, etc.



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Two Steps for Transformation

1. Present your body.



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## Two Steps for Transformation

1. Present your body.
  - a. A living sacrifice.
  - b. A holy sacrifice.
  - c. A pleasing sacrifice.



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## Two Steps for Transformation

1. Present your body. **How?**



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## Two Steps for Transformation

1. Present your body. **How?**
  - a. Choose to worship.
  - b. Choose to serve others.
  - c. Choose a healthy lifestyle and healthy friends.



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## Two Steps for Transformation

2. Renew your mind.



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## Two Steps for Transformation

- 2. Renew your mind. **How?**
  - a. Saturate yourself in Godly thinking.
  - b. Soak up God's word.
  - c. Slow down.



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## 2 steps for transformation



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Be ye transformed...

*We are called to conform to the image of Christ not to the image of the world.*



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Be ye transformed...

*We are called to conform to the image of Christ not to the image of the world.*

*Let the metamorphosis begin...*



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